

THE CARE AND FEEDING OF AN **ALMOST ADULT**



CREAMY SCRAMBLED EGGS WITH HERBS

Serves 2

INGREDIENTS:

- 4 eggs
- 2 ounces Neufchatel, diced
- 1 tablespoon chopped green onions
- 1 tablespoon chopped fresh basil or 2 teaspoons dried, crumbled
- 1 tablespoon chopped fresh parsley
- 1 tablespoon milk
- 1 teaspoon chopped fresh oregano or 1/2 teaspoon dried, crumbled
- 1 tablespoon butter

DIRECTIONS:

- ✓ Beat eggs in large bowl to blend.
- ✓ Beat in next 6 ingredients.
- ✓ Season with salt and pepper.
- ✓ Melt butter in heavy large skillet over medium-high heat.
- ✓ Add egg mixture and stir until eggs are scrambled, about 4 minutes.
- ✓ Serve immediately.